

LYNTON
URBAN DISTRICT
COUNCIL

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ANNUAL REPORT
OF THE
MEDICAL OFFICER OF HEALTH
FOR THE YEAR

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Town Hall,
LYNTON,
North Devon.

Tel. Nos:
Lynton 3288.
Lynton 2204.

LYNTON URBAN DISTRICT COUNCIL

To: The Chairman and Members of the
Lynton Urban District Council.

Ladies and Gentlemen,

I have pleasure in presenting herewith my ANNUAL REPORT for the
year ended 31st December, 1971.

PUBLIC HEALTH STAFF

Medical Officer of Health: Dr. M.P. Nightingale, M.R.C.S.,
L.R.C.P.
"Kneesworth", Hollerday Drive,
Lynton.
Private Tel. No: Lynton 2204.

Chief Public Health Inspector: Mr. T.J. Loveless, A.I.A.S.,
M.A.P.H.I.
Town Hall, Lynton.
Tel. No: Lynton 3288.

Clerk: Miss G.A. Jones,
Town Hall, Lynton.

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GENERAL STATISTICS

Area in Acres	7,628
Population (Reg. Gen. Mid-year Estimate 1,700)	1,981
Number of inhabited houses	650
Rateable Value	£61,470
Sum represented by 1p Rate	£584.53

VITAL STATISTICS

Live Births: Legitimate: Males 11 Females 7 Total	18
Illegitimate: Males 3 Females 3 Total	6
Live Birth Rate per 1,000 population	14.1
	(16.07
	Adjusted)
Illegitimate live births per cent of total live births	25
Still Births: Legitimate:	1
Illegitimate:	Nil
Total Live and Still Births	25
Infant deaths under 1 year	Nil
Infant Mortality Rates per 1,000 total live births	Nil
" " " " " " " " Legitimate.	Nil
" " " " " " " " Illegitimate.	Nil
Neo-natal Mortality Rate (deaths under 4 weeks	
per 1,000 total live births)	Nil
Early Neo-natal Mortality Rate (deaths under 1 week	
per 1,000 total live births)	Nil
Perinatal Mortality Rate (Still births and deaths under	
1 week combined per 1,000 total live and still births) ...	40
Maternal Deaths (including abortion)	Nil
Maternal Mortality Rate per 1,000 live and still births ...	Nil
Deaths ... Males 14 Females 13 Total	27
Death rate per 1,000 population	15.9
Death rate per 1,000 population (Adjusted)	9.6
Births: Comparability Factor	1.14
Deaths: Comparability Factor	0.61

Deaths.

14 had reached the age of 75 and over
7 " " " " " 65 - 74
6 " " " " " 55 - 64
- " " " " " 45 - 54
- was under 4 weeks old;

Deaths from.

Malignant Neoplasm, Buccal Cavity etc.	1
Malignant Neoplasm, Breast	1
Other Malignant Neoplasms	1
Ischaemic Heart Disease	8
Other Forms of Heart Disease	3
Cerebrovascular Disease	3
Pneumonia	2
Suicide and Self-Inflicted Injuries	1
Leukaemia	1
Chronic Rheumatic Heart Disease	1
Hypertensive Disease	1
Bronchitis and Emphysema	2
Peptic Ulcer	2
	<hr/>
	27
	<hr/>

Notifiable Diseases.

Measles 3

Clinic and Treatment Centres.

The Devon County Council Health Clinic at Burvill Street, Lynton provides Consulting and Waiting Rooms for the Local Practitioners, accommodation for Health Visitor, and Health Education Relaxation and Dentist/Chiropodist.

The Chest Clinic.

The Chest Clinic for this area is held at the North Devon Infirmary, Barnstaple.

Tuberculosis.

Treatment for tuberculosis is carried out at the Hawkmoor Sanatorium near Bovey Tracey.

Venereal Disease.

There were no reports of Venereal Disease. The nearest centre for treatment is at Barnstaple North Devon Infirmary and any cases that occur in this Urban District go direct to Barnstaple.

Ambulance Service.

Responsibility for the provision of an Ambulance Service rests with the County Council and its Health Committee have arranged for this to be provided by the Lynton St. John Ambulance Association.

The Staff consists of one part-time Member, 5 men Volunteers and 4 Volunteer Nurses. The Ambulance is garaged at Cross Street Lynton. The Hospital Car Service is available on application by Doctors to the Hospital.

Isolation of Infectious Diseases.

The nearest Isolation Hospital for Infectious Diseases is the Kingsley Hospital at Bideford.

Maternity.

There are three beds for maternity cases at the Lynton & District Cottage Hospital, with a fully qualified staff available. At Barnstaple there is a Maternity Unit with an additional ward available for cases of difficulty.

Ante-Natal and Post-Natal Clinics.

Ante-Natal and Post-Natal Clinics are conducted at the Lynton Cottage Hospital by each General Practitioner in co-operation with the Hospital Staff.

Home Help Scheme.

The Home Nursing Service is operated by one District Nurse in conjunction with Nursing and Midwifery duties. In addition, assistance in the home is given by two Home Helps.

Child Welfare.

The Centre is held at the Health Clinic, Burvill Street, Lynton, and is open on the first and third TUESDAY in the month, with a County Council Welfare Worker in attendance.

Vaccination and Immunisation.

Vaccination and Immunisation are carried out by the General Practitioners of the area and also at the Welfare Centre and the School Clinics.

Laboratory Facilities.

Facilities are available for Bacteriological examinations of all kinds at the Public Health Laboratory, Exeter.

Water Supply.

The following information regarding the main water supply from the North Devon Water Board's Works at Dean Steep, Lynton has been kindly given by the Chief Engineer (North).

The supply has been entirely satisfactory, both in quality and quantity, and no restrictions have had to be imposed. Bacteriological samples are taken weekly from various consumer's taps in the area of the supply and of the 108 samples taken, all proved satisfactory and equivalent to a Class 1 pipes supply. Sample of bacteriological examinations are taken each month of the raw water and this varies from day to day, according to rainfall. Previous reports have contained The County's Public Health Laboratories' reports on the samples taken from the raw water inlet and the samples submitted after treatment and these examination reports are still applicable.

The supply is not plumbo-solvent and no action is necessary with regard to contamination.

Standpipes from Public Mains are not used in Lynton, supplies being taken direct to all properties. The number of dwelling houses supplied direct from public mains is 558 and the estimated population supplied is 1,601.

Fluoride is not introduced into the main supply.

Eleven samples from private supplies in the outlying district have been taken and six samples were equivalent to a Class 1 pipes supply and five samples showed slight contamination.

Sewerage.

The third and final stage of the scheme to extend the sewerage system to the village of Barbrook was successfully completed and a total of 36 properties have now been connected to the system.

A scheme for the extension of the sewer at Sinai Hill has been prepared to provide main drainage to the new housing estate proposed for "Grattons" on Station Hill, Lynton. The sewer 6" diameter to be constructed of vitrified clay pipes with plastic couplings will serve initially a total of 19 dwellings. The completion of this scheme programmed for the forth-coming year will provide a link with the proposed sewer to serve the existing 9 properties on the western side of the Station Road.

Rainfall.

The following figures of rainfall were recorded at Woolhanger during 1971:-

	<u>Millimetres</u>
January	230.2
February	56.7
March	108.6
April	71.2
May	46.1
June	173.1
July	79.8
August	165.3
September	4.2
October	137.6
November	193.4
December	71.2
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	<u>1,337.4</u>

Swimming Pool.

One Public Swimming Pool exists in the Urban District and is under the control of the local authority. The Pool is sited on the Blacklands foreshore, Lynmouth, and is covered completely by each tide.

Two private pools are now in existence in the Urban District one adjoining the Tors Hotel and one at the rear of the Voluntary Primary School in Lynton. The Pools are filled once per year with water from the Town Supply, continuously circulated around the pool by means of a pump, filtered and chlorinated in process of circulation.

Public Cleansing.

The collection and disposal of refuse, both from household and trade premises, was made weekly during the Winter months, and twice weekly during the holiday period. Farm houses and dwellings in outlying areas receive, by agreement, quarterly collections.

Collection is carried out by a Karrier Gamecock Rammilies 25 cu. yd. vehicle supplemented during the busy holiday period by a Bedford 35 cwt. lorry adapted for the purpose.

Large bulky types of household refuse are removed by the Council's tipping lorry on the request of householders.

Collection of litter from stands with plastic bag containers sited around the area is made on three occasions each week during the Summer months.

Rodent Control.

The refuse tip remained free from heavy rodent infestation throughout the year and periodic treatment with Warfarin successfully kept the tip under control. A successful annual treatment of the Council's sewers was carried out in Lynton and Lynmouth.

All treatments and inspections were carried out by the Council's part-time Rodent Operator.

INSPECTION AND SUPERVISION OF FOOD.

Food Premises in the District:-

Bakehouses	1
Butcher's Shops	3
Cafes and Restaurants	19
Confectioners	12
Dairies	1
Grocer's Shops	10
Licensed Premises	14
Hotels and Boarding Houses	69
Greengrocers	3
Fish and Chip Shops	-
Fish Shops	-

Twenty-nine Food Premises are registered under Section 16 of the Food and Drugs Act, 1955 for the sale of Ice Cream.

Food Hygiene Regulations 1970.

Total Number of Food Premises:- 132

Number of premises fitted to comply with Regulation 18 (provision of wash hand basins). 101

Number of premises to which Regulation 21 applies (provision of washing facilities for food and equipment). 124

Number of premises fitted to comply with Regulation 21. 124

Forty visits were paid to Food Premises during the year. No formal action has been necessary.

Meat Inspection:

The private slaughterhouse in Lynton did not operate during 1971, all Butchers obtaining their meat from outside the Urban District.

Poultry Inspection.

There are no poultry processing establishments within the District.

Condemned Foodstuffs.

The following foodstuffs were condemned and disposed of by the Council at their Refuse Tip:-

Fresh Meat	1 cwt. 6 st. 11lb.
Poultry	5 st. 12 lbs. 12 oz.
Frozen Foods	9 lb. 3 oz.
Tinned Food	1 ton 6 $\frac{1}{4}$ cwt.

Milk Supply.

Seven purveyors of milk are registered as distributors in the district. All milk supplied in the Urban District is either pasteurised or tuberculin tested.

Diseases of Animals (Waste Foods) Order 1957.

There are no waste food boiling plants in the Urban District requiring licensing under the provisions of the above order.

This duty has been delegated by the Devon County Council.

PETROLEUM.

The number of licensed premises in the year was 8.

CARAVAN AND CAMPING.

<u>Name of Site</u>	<u>Licensed Sites</u>		<u>Total</u>
	<u>Static Holiday</u>	<u>Touring</u>	
Sunny Lyn, Lynbridge.	31	7	38
West Lyn, Manor Farm.	52	40	92
High Bullen	1	-	1
Sixacre Wood, Lee Abbey.	1	-	1

OFFICES, SHOPS AND RAILWAY PREMISES ACT, 1963.

The number of premises registered at the end of 1971 was 51.
Persons employed at registered premises were 89 males and 168 females
- a total of 257 persons.

Total number of inspections made - 33.

FACTORIES ACT 1961

Part 1 of the Act

1. Inspections for purposes of provisions as to Health
(including inspections made by Public Health Inspectors).

Premises	Number on Register	Number of		
		Inspections	Written Notices	Occupiers Prosecuted
(i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities.	Nil	Nil	Nil	Nil
(ii) Factories not included in which Section 7 is enforced by the Local Authority.	7	3	Nil	Nil
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises).	1	1	Nil	Nil
Total	8	4	Nil	Nil

2. Cases in which defects were found

Particulars (1)	Number of cases in which defects were found				Number of cases in which prosecutions were instituted (6)
	Found (2)	Remedied (3)	Referred to H.M. Inspector (4)	Referred by H.M. Inspector (5)	
Want of Cleanliness (s.1.)	Nil	Nil	Nil	Nil	Nil
Overcrowding (S.2.)	Nil	Nil	Nil	Nil	Nil
Unreasonable Temperature (S.3.)	Nil	Nil	Nil	Nil	Nil
Inadequate Ventilation (S.4.)	Nil	Nil	Nil	Nil	Nil
Ineffective Drainage of floors (S.6.)	Nil	Nil	Nil	Nil	Nil
Sanitary Conveniences (S.7.) (a) Insufficient	Nil	Nil	Nil	Nil	Nil
(b) Unsuitable or defective	Nil	Nil	Nil	Nil	Nil
(c) Not separate for sexes	Nil	Nil	Nil	Nil	Nil
Other offences against the Act (not including offences relating to Out-work)	Nil	Nil	Nil	Nil	Nil
Total	Nil	Nil	Nil	Nil	Nil

Part VIII of the Act - OUTWORK

(Sections 133 and 134)

Nature of Work	Section 133			Section 134		
	No. of out-workers in August list required by Section 133(1) (c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in un-wholesome premises	Notices served	Prosecutions
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Nil	Nil	Nil	Nil	Nil	Nil	Nil

HOUSING

- (a) Number of houses which on inspection were considered to be unfit for human habitation 2
- (b) Number of houses the defects of which were remedied in consequence of informal action by the Local Authority Nil
- (c) Number of representations made to Local Authority with a view to (1) the service of notices requiring execution of works or (2) the making of Demolition or Closing Orders Nil
- (d) Number of notices served requiring the execution of works Nil
- (e) Number of Closing Orders made Nil
- (f) Number of Demolition Orders made Nil
- (g) Number of houses in respect of which an undertaking was accepted 2
- (h) Number of houses demolished Nil

Old People's Home.

The Old People's Home at Rock Lodge, Lynton was officially opened and occupied during the early part of 1971. The building provided by The Devon County Council has accommodation for 15 Old Persons, a flat for the Matron and Deputy Matron. The Old People's Home adjoins the 8 Old Persons Bungalows provided by the Lynton Urban District Council and are linked with a call bell system and the space and domestic heating is provided to the bungalows and the home from a central boiler.

Common Lodging Houses.

There are no Common Lodging Houses within the Urban District

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Total	Nil	Nil	Nil	Nil	Nil

Part VIII of the Act - OUTWORK

(Sections 133 and 134)

Nature of Work	Section 133			Section 134		
	No. of out-workers in August list re-quired by Section 133(1) (c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in un-wholesome premises	Notices served	Prosecutions
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Nil	Nil	Nil	Nil	Nil	Nil	Nil

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Improvement Grants.

The number of Standard Grants received and approved during the year amounted to 6; 4 of which were owner-occupiers of the premises.

Amenities provided included:-

Fixed bath	5
Wash hand basin	6
Hot water system	6
W.C. within the dwelling	5
Sink	2

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I have the honour to be
Ladies and Gentlemen,
Your Obedient Servant,

M.P. NIGHTINGALE, M.R.C.S., L.R.C.P.

Medical Officer of Health

